

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ ضَيْقِ الدُّنْيَا وَضَيْقِ يَوْمِ الْقِيَامَةِ.

Translation

O Allah, I seek Your protection from the anguish of the world and the anguish of the Day of Judgement.

Transliteration

Allāhumma innī a‘ūdhu bika min ḍīqi-d-dunyā wa ḍīqi yawmi-l-qiyāmah.

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