

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ احْفَظْنِي بِالْإِسْلَامِ قَائِمًا ، وَاحْفَظْنِي بِالْإِسْلَامِ قَاعِدًا ، وَاحْفَظْنِي بِالْإِسْلَامِ رَاقِدًا ،
وَلَا تُشْمِتْ بِي عَدُوًّا وَلَا حَاسِدًا ، اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ كُلِّ خَيْرٍ خَزَائِنُهُ بِيَدِكَ ، وَأَعُوذُ
بِكَ مِنْ كُلِّ شَرٍّ خَزَائِنُهُ بِيَدِكَ .

Translation

O Allah, safeguard me with Islam whilst I am standing. Safeguard me with Islam whilst I am sitting. Safeguard me with Islam whilst I am sleeping, and do not let an enemy or envier gloat over my misery. O Allah, I beg You for all good, the treasures of which are in Your Hand. I seek Your protection from all evil, the treasures of which are in Your Hand.

Transliteration

Allāhumma-ḥ-faẓnī bi-l-Islāmi qā'imā, wa-ḥ-faẓnī bi-l-Islāmi qā'idā, wa-ḥ-faẓnī bi-l-Islāmi rāqidā, wa lā tushmit biya 'aduw-wa-w-wa lā ḥāsidā, Allāhumma innī as'aluka min kulli khayrin khazā'inuhu bi-yadik, wa a'ūdhu bika min kulli sharrin khazā'inuhu bi-yadik.

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